



## Car crashes are the leading cause of injury and death for teens

*Attend Reality Check with your teenager to help keep them from becoming another statistic.*

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### Next Reality Check

#### Date

**Saturday, February 5**  
10:30 am – 1:00 pm

#### Location

Inova Fairfax Hospital

#### Additional Info:

Course Fee: \$35 (includes one teen and two parents/ guardians).  
*Fee discounts or waivers are available based on limited income guidelines.*

**To register, call 703-776-3259 or e-mail [ashley.elzein@inova.org](mailto:ashley.elzein@inova.org). Spaces are limited, register early!**

#### Student Program

- **Educational Program** w/slide presentation by a Level 1 Trauma Surgeon
- **Trauma Unit Visit** and witnessing of a mock resuscitation of a trauma victim
- **EMS Unit Visit** with tour of an ambulance unit and Q&A session with fire/rescue personnel..
- **Survivor Presentation** – teen crash survivors share their experience

#### Parent Program

- The parent program is held concurrently w/ the student program. Parents will learn:
- How to be effective role models to their teen drivers
  - How to coach and teach their teen drivers
  - How to talk to their teen about decision-making, alcohol, and other difficult subjects
  - How to implement a parent-teen driving safety contract